



## After Care for Cosmetic Tattooing - BROWS

This is your investment! Care for it well. After care is key to a great healed result

**Day One:** Gently wipe the area with dampened cotton pads and soap (you will be given a pack to get you started), this is most important in the first few hours, do it every 20 mins for the first few hours and then hourly for the rest of the day if need be. To re make the mixture, pump half a pump of any liquid hand soap into the zip lock bag with some water, close bag and shake and then soak some cotton pads in the mixture. Make sure to squeeze them out so they are only damp. This is to remove lymph (clear fluid that appears on a wound) as if this settles, it will cause excess scabbing.

**Day Two:** The brows will be looking darker as the pigment on the skin oxidises. You can continue with your damp pads before applying your balm (Please rather than wiping, just dab over them) You can apply your first application of aftercare balm after 24hours. Only a tiny bit is needed (less than a grain of rice per brow per application) Do this only 2-3 times per day (as advised) Use a clean cotton tip when applying balm.

**Day 3-10:** Keep dabbing morning, lunch and night before applying balm. Hygiene is important. At anywhere from day 3-5 the flaking will start (everyone is different), this is a normal part of the healing process, you will have to be gentle when applying the balm. Brows will be itchy, do not pick or scratch as this will pull pigment!! Apply aftercare balm until any flaking has stopped (usually 10 days maximum)

### AVOID:

- Getting your tattoo wet. Keep dry apart from the damp pads
- Sweating. Sweat will dilute the pigment in the skin. Saline tattoo removal is using salt and water to remove tattoo pigment, this is the same effect as sweating!
- Hot baths, saunas, hot pools, swimming
- Sun tanning, it is so important to protect your brows, wear a hat and glasses. The sun will fade your brows faster than anything even once healed. Wear an SPF 30 or higher at all times once healed to prevent premature fading
- Laser treatments or chemical peels, once healed the area should be avoided
- AHA and retinol creams/serums on the area. Once healed these can be used but avoid the area
- Smoking and excess alcohol can slow the healing process
- Vaseline and any other petroleum based products
- Makeup on the area
- Sleeping on your side if possible (Can cause pigment loss on tails)

Keep area clean, a clean pillow case is advised. If wearing makeup, carefully apply around the area and remove with face wipe. Be aware of sleeping on your side as this can cause the tails to flake away and heal lighter.

**What to expect:** Until healed (around 7-10 days) the colour will look stronger. It will soften about 30/50%. Pigment can sometimes disappear only to resurface again over the next few weeks, gradually darkening as it settles into the dermis. The flaking is normal from day 3-10 and can look quite patchy. Do not panic! It's all worth it. Let the flaking come away naturally. This is why the touch up is key to perfect your cosmetic tattoo. \*\*Flaking will be different for each individual, dependant on the option chosen, skin type and aftercare. Please do not freak out if they start flaking later than what's stated. They will begin by looking cracked in appearance, and the skin behind it will look light. Slight swelling and/or redness may be noticed for a few days. The skin around the area can also look slightly pink for a while as it is new skin.

If you have any irritation from the aftercare balm please stop using and contact me. Feel free to contact me if you have any concerns or questions.

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