



## After Care for Cosmetic Tattooing - EYELINER

This is your investment! Care for it well. After care is key to a great healed result

**Day One:** Gently dab the area with dampened cotton pads, this is most important in the first few hours, do it every 20 mins for the first few hours. Make sure to squeeze them out so they are only damp. This is to remove lymph (clear fluid that appears on a wound) as if this settles, it will cause excess scabbing. The pads can be put in the fridge or freezer to help soothe area and reduce swelling. You may also take an antihistamine or some pain relief to help with any swelling. Sleeping slightly more upright will also help.

**Day Two:** Any swelling should subside within 24 hours. The eyeliner will be looking slightly darker as the pigment on the skin oxidises. You can continue with your damp pads before applying your balm, this just helps to keep the area clean. You can apply your first application of aftercare balm after 24hours. Only a tiny bit is needed (less than a grain of rice) Do this morning and night, using a clean cotton tip. If you find it irritating during the day then once at night is fine.

**Day 3-10:** Keep dabbing morning and night before applying balm. Hygiene is important. At anywhere from day 3-5 the flaking will start (everyone is different), this is a normal part of the healing process, you will have to be gentle when applying the balm. The area may be itchy, do not pick or scratch as this will pull pigment!! Apply aftercare balm until any flaking has stopped (usually 5-7 days) 10 days would be maximum healing time, basically once the flaking has gone you can go back to your usual routine.

### AVOID:

- Getting your tattoo wet. Keep dry apart from the damp pads
- Heavy sweating. Light exercise is fine.
- Hot baths, saunas, hot pools, swimming
- Sun tanning. It's important to protect your tattoo, wear a hat and glasses. The sun will fade your tattoo even once healed.
- AHA and retinol creams/serums/eye creams on the area. Once healed these can be used but avoid the area
- Smoking and excess alcohol can slow the healing process
- Vaseline and any other petroleum based products, if you run out of balm use kawakawa or coconut oil
- Makeup on the area
- Using eye drops until healed. These will cause the pigment to fade
- Lash growth serums until healed although keep in mind this will need to be stopped again at least 2 weeks prior to your touch up session

Keep area clean, a clean pillow case is advised. If wearing makeup, carefully apply around the area and remove with face wipe.

**What to expect:** Until healed (around 5-7 days, 10 days maximum) the colour will look stronger. It will soften about 30/50%. The touch up is key to perfect your cosmetic tattoo. Slight swelling and/or redness may be noticed for a few days. The skin around the area can also look slightly pink for a while as it is new skin.

\*\*If you have any irritation from the aftercare balm please stop using and contact me. Feel free to contact me if you have any concerns or questions.

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