



## Lip Tattoo FAQ's

### **What is a Lip Tattoo?**

A lip tint tattoo is a soft wash of colour in a similar tone to your natural lips but with a little more POP! All you have to do is add a little gloss and go. The lip tint tattoo technique doesn't have a lip liner effect, the whole colour blends seamlessly across the whole lip.

A Lip line and blend/Ombre lip tattoo is a more defined lip line look, blended into the lips for a natural but more defined look.

A lipstick effect tattoo is a bolder colour of your choice.

The effects of a lip tattoo are smudge proof and last between 1-3 years depending on the colour/softness of the tattoo. If a subtle colour change is chosen, this may require yearly touch ups.

### **How will my lips look straight after the treatment?**

The pigment colour fades up to 50% so you will leave the clinic with a brighter/lipstick look. Your lips may also be swollen from the procedure, this will go down after 24 hours.

### **How far apart are my treatments and what will the look like in between?**

We cannot do the second treatment until your skin has fully healed as we don't want to damage your skin. Anywhere from 6-8 weeks depending on age. The colour will change over the healing time, once the flaking has stopped they will look quite light, then the pigment takes a little while to fully resurface and intensify. Often a touch up isn't required, this will depend on the colour chosen and the intensity we are trying to achieve, as well as how well they've healed

### **How long until they heal?**

Healing is around 3-5 days but this can vary depending on how well hydrated your skin is and how well you follow aftercare. Your lips will start flaking/scabbing around day 2-3 and will last normally only a day or two. Please be aware of this when booking and don't book before any important event. The flaking stage will look/feel like windburn, you will need to keep applying your aftercare balm and not pick.

### **Does the treatment hurt?**

You will be completely numb before the treatment starts, and re numbed throughout the treatment. We use a single needle so is very gentle on the skin.

### **How do we pick a colour?**

For the most natural lip tint, its ideal to pick a colour as close to your natural lip colour and tone. If a lipstick effect is desired, you are welcome to bring your favourite colour for us to match as closely as we can.

### **What do I need to do prior to my appointment?**

Pre care is important. Lips cannot be dry. Keep lips well hydrated as if you turn up with dry lips the procedure cannot be performed.

- **Two weeks prior** – Up your water intake to a minimum of 2 litres per day. Exfoliate lips gently with a toothbrush every second day. Do not over do this as it will make lips sensitive.
- **One week prior** – No blood thinners unless medically necessary. E.g ibuprofen, aspirin, niacin, Vitamin E, B6, omega 3, ginkgo biloba, st.johns wart, evening primrose oil
- **24 hours prior** – No exercise, coffee/caffeine, alcohol.

Please note if you have a cold sore virus/are prone to cold sores, you need to go on antivirals 3 days before treatment. Even if you have never had a cold sore there may be a chance you could get one after lip tattooing. These will need to be prescribed by your GP. If you do get a cold sore outbreak, it may mean you'll require a touch up as it can damage the pigment in that area.