



## Lip tattoo pre care & FAQ's

### What is a Lip Tattoo?

A lip tint tattoo is a soft wash of colour in a similar tone to your natural lips but with a little more pop! All you have to do is add a little gloss and go. The lip tint tattoo technique doesn't have a lip liner effect, the whole colour blends seamlessly across the whole lip giving them more definition.

A lipstick effect tattoo is a bolder colour of your choice.

The effects of a lip tattoo are smudge proof and last between 2-3 years depending on the colour/softness of the tattoo. If a subtle colour change is chosen, this may require more regular touch ups.

### How will my lips look straight after the treatment?

The pigment colour fades between 30-50% so you will leave the clinic with a brighter/lipstick look. The colour will continue to intensify slightly over the first 24 hours as the surface pigment oxidises. Your lips may also be swollen from the procedure, this will go down after 24 hours.

### How far apart are my treatments and what will the look like in between?

We cannot do the second treatment until your skin has fully healed as we don't want to damage your skin. Anywhere from 6-8 weeks depending on age. The colour will change over the healing time, once the flaking has stopped they will look quite light, then the pigment takes a little while to fully resurface and intensify as it settles. Often a touch up isn't required, this will depend on the colour chosen and the intensity we are trying to achieve, as well as your pre care and after care.

### How long until they heal?

Healing is around 3-5 days but this can vary depending on how well hydrated your skin is and how well you follow aftercare. 7 days maximum. Your lips will start flaking around day 2-3 and will last normally only a day or two. Please be aware of this when booking and don't book before any important event. The flaking stage will look/feel like windburn, you will need to keep applying your aftercare balm and not pick.

### **Does the treatment hurt?**

You will be completely numb before the treatment starts, and re numbed throughout the treatment. We use a single needle so this is very gentle on the skin.

### **How do we pick a colour?**

For the most natural lip tint, its ideal to pick a colour as close to your natural lip colour and tone. If a lipstick effect is desired, you are welcome to bring your favourite colour for us to match as closely as we can.

### **What do I need to do prior to my appointment?**

Pre care is important. Lips cannot be dry. Keep lips well hydrated as if you turn up with dry lips the procedure cannot be performed.

- **Two weeks prior** – Up your water intake to a minimum of 2 litres per day. Exfoliate lips gently with a toothbrush every second day. Do not over do this as it will make lips sensitive.

- **One week prior** – No blood thinners unless medically necessary. E.g ibuprofen, aspirin, niacin, Vitamin E, B6, omega 3 including fish oils, ginkgo biloba, st.johns wart, evening primrose oil

- **24 hours prior** – No exercise, coffee/caffeine, alcohol.

**IMPORTANT:** Please note if you have a cold sore virus/are prone to cold sores, you need to go on antivirals 3 days before treatment. Even if you have never had a cold sore there may be a chance you could get one after lip tattooing. These will need to be prescribed by your GP. If you do get a cold sore outbreak, it may mean you'll require a touch up as it can damage the pigment in that area.